

ROOT CANAL THERAPY POST-OP CARE

Sometimes root canals take more than one appointment to complete. A temporary filling will be placed at the end of each appointment until it is completed. Most of the time a crown is indicated once the root canal is completed to further protect the tooth from fracture.

*You will most likely feel soreness in the area as well as pressure when you bite down*. For this reason, you should avoid hard and chewy foods. **Do not eat on the treated side of your mouth for at least 24 hours**. This will also allow the temporary restorative material to harden. The soreness should decrease within a week.

*Take any antibiotic medication prescribed to you by the doctor as this will eliminate any remaining infection in the tooth.*

If you notice any of the following symptoms please contact our office:

• Increasing tenderness or swelling in the area surrounding the tooth

• A reaction to the medication

• Loss of the temporary filling material

• Tooth fracture

For additional pain relief please follow:

Take ibuprofen or Advil 600mg (3 tabs OTC) every 4-6 hours.

* DO NOT exceed 2400mg (12 tabs OTC) in a 24-hour period.

***OR***

Take Extra Strength Tylenol 1000mg (2 tabs OTC) every 4-6 hours.

* DO NOT exceed 4000mg (8 tabs OTC) in a 24-hour period.